



The help you need, when you need it most.

24/7 Counselling and Advice Line.

Whatever the issue, support and advice is just a phone call away with this freephone service:

- **Confidential guidance for you and your family**
On anything from stress, bereavement or relationship advice to health and money worries
- **Experienced team of professionals**
We have an experienced team of qualified counsellors, lawyers and medical advisors ready to help

Call day or night, 0800 092 0987, quoting your scheme reference number 72114.

We'd like to reassure you that this number doesn't identify you in any way. It just confirms your eligibility to use the service.

+ Plus

Six face to face counselling or CBT sessions

Your cover also provides up to six face to face counselling or cognitive behavioural therapy (CBT) sessions, when recommended by your telephone counsellor.

westfieldhealth.com

The 24 Hour Counselling and Advice Line is provided on behalf of Westfield Health by Health Assured Ltd. The Medical Helpline provides general guidance only. It isn't an emergency service and won't provide diagnosis or prescribe treatments.

Westfield Health is a trading name of Westfield Contributory Health Scheme Ltd and is registered in England & Wales company number 303523. We are authorised by the Prudential Regulation Authority (PRA) and regulated by the Financial Conduct Authority (FCA) and the PRA. Details of this registration can be found by accessing the Financial Services Register online at either the PRA or the FCA websites or by contacting the PRA on 020 7601 4878 or the FCA on 0800 111 6768. Our financial services registration number is 202609.

Westfield Health is a registered trademark.

W Westfield
Health

Online Health e-Hub & App

www.healthassuredeap.co.uk

Username - 72114

Password - 72114

- Online CBT course
- Online trauma course
- Video counselling
- Counselling support via email
- LiveAgent Instant Chat
- Accessible 24/7 without an internet connection
- Mini health assessments
- Additional fact sheets and four-week programmes
- Drives EAP engagement through 'contact us' page, outbound calls within two hours

